



THE Y CONNECTION

NORTHERN LIGHTS YMCA - DELTA PROGRAM CENTER VOL.46, OCTOBER 2017

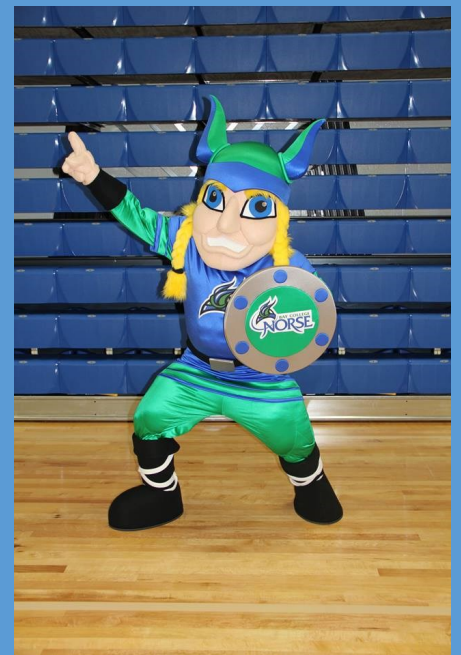
ON DECK...

Fall Session II Starts	Oct 16
Bay College Basketball	Oct 21
Drawing for Football Tickets	Oct 23
Fall Family Festival	Oct 27

GYMNASIUM RENOVATIONS COMPLETE!

After 3 months of renovations, the new gymnasium is open and ready for the upcoming basketball season! Bleachers have been replaced, walls have been painted, flooring has been refinished, new scoreboard, backboards and hoops installed.

The men and women will start the season on Saturday, October 21st with tip off at 1:00 for the women and 3:00 for the men.



Y IMPACT

7th ANNUAL

FALL FAMILY FESTIVAL

Join us on Friday, October 27th from 4:00 pm - 7:00 pm for a fun-filled day at the YMCA! We'll have kids games, bounce houses, swimming, hay rides, pumpkins, raffles, and concessions!

The Harvest Moon Run will follow at 8:00 p.m.



FITNESS

TRY SOMETHING NEW! Be sure to check out the new programs and times for our fall fitness classes. A new session begins the week of October 16th. We offer a wide variety, whether you are a beginner or more advanced. We offer early morning, afternoon and weekend classes. Call the front desk for more details or to sign up.

YOUTH

BASKETBALL PERSONAL TRAINING One on One! New this fall is a Basketball personal training program for school aged athletes. The training is made up of drills that challenge mental and physical fundamental skills that can help the athlete prepare for the season. Call the front desk to set up an appointment.

AQUATICS

Our 5 week sessions of **Swim Lessons** will begin again **October 16th**. Openings are available in Polliwog, Guppy, Minnow, and Gold Medal. To register call 789-0005 or stop in. The **Swim Team** kicked off another year beginning **September 19th**. We are excited to see new and returning swimmers!

YMCA DASHBOARD DATA

September
Check-ins
4,188

September
Financial Asst.
\$3,752
Total YTD \$38,191

Total
Members
2,865

Thank
YOU

Our way of saying Thank You to our members -We'll be giving away 2 tickets to the Monday Night Lion vs. Packer Game. Make sure to sign up at the front desk!