



Northern Lights YMCA Delta Center - GYM Schedule

2001 North Lincoln Road - Escanaba, MI 49829 - 906-789-0005

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SUN	CLOSED UNTIL 11 AM		OPEN GYM 11:00-5:00		BAY BASKETBALL 5:00-7:00	CLOSED AT 7 PM
MON	OPEN GYM 5:00-8:00	BAY BASKETBALL 8:00-10:00	OPEN GYM 10:00-12:00	B-BALL 12 - 1	OPEN GYM 1:00-7:30	BAY BASKETBALL 7:30-9:00
TUE	OPEN GYM 5:00-8:00	BAY BASKETBALL 8:00-10:00	OPEN GYM 10:00-12:00	B-BALL 12 - 1	OPEN GYM 1:00-7:30	BAY BASKETBALL 7:30-9:00
WED	OPEN GYM 5:00-8:00	BAY BASKETBALL 8:00-10:00	OPEN GYM 10:00-12:00	B-BALL 12 - 1	OPEN GYM 1:00-7:30	BAY BASKETBALL 7:30-9:00
THU	OPEN GYM 5:00-8:00	BAY BASKETBALL 8:00-10:00	OPEN GYM 10:00-12:00	B-BALL 12 - 1	OPEN GYM 1:00-7:30	BAY BASKETBALL 7:30-9:00
FRI	OPEN GYM 5:00-7:00	BAY BASKETBALL 7:00-12:00		B-BALL 12 - 1	OPEN GYM 1:00-9:00	
SAT	CLOSED UNTIL 7:00 A.M.	OPEN GYM 7:00-8:00	BAY BASKETBALL 8:00-12:00		OPEN GYM 12:00-9:00	

Building Hours of Operation

Mon-Fri
5:00 am
to
9:00 pm

Saturday
7:00 am
to
9:00 pm

Sunday
11:00 am
to
7:00 pm

Updated 4/25/21

☐ SHADED AREAS INDICATE OPEN TIMES

Check out our website at www.nlymca.com

Gym Notices: *Schedule is Subject to Change