



# Northern Lights YMCA Delta Center – GYM Schedule

2001 North Lincoln Road - Escanaba, MI 49829 - 906-789-0005

J u l y  2 0 2 2  1	S U N	CLOSED					
	M O N	OPEN GYM 5:00-7:00	OPEN GYM 7:00-12:00	B-BALL 12 - 1	OPEN GYM 1:00-9:00		<b>Hours of Operation</b>  Mon-Fri 5:00 am to 9:00 pm  Saturday 7:00 am to 5:00 pm  Sunday Closed
			DAY CAMP 7:00-12:00		DAY CAMP 1:00-5:00	OPEN GYM 5:00-9:00	
	T U E	OPEN GYM 5:00-7:00	OPEN GYM 7:00-12:00	B-BALL 12 - 1	OPEN GYM 1:00-9:00		
			DAY CAMP 7:00-12:00		DAY CAMP 1:00-5:00	OPEN GYM 5:00-9:00	
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F R I	OPEN GYM 5:00-7:00	OPEN GYM 7:00-12:00	B-BALL 12 - 1	OPEN GYM 1:00-9:00			
		DAY CAMP 7:00-12:00		DAY CAMP 1:00-5:00	OPEN GYM 5:00-9:00		
S A T	CLOSED UNTIL 7:00 A.M.	OPEN GYM 7:00-5:00		CLOSED AT 5:00 P.M.			

Updated 6/29/21

SHADED AREAS INDICATE OPEN TIMES

*Check out our website at [www.nlymca.com](http://www.nlymca.com)*

**Gym Notices: \*Schedule is Subject to Change**