



THE Y CONNECTION

NORTHERN LIGHTS YMCA - DICKINSON PROGRAM CENTER - JANUARY 2019

ON DECK...

- WINTER SESSION 1 BEGINS
January 7
- PARENT'S NIGHT OUT
January 18
- FATHER-DAUGHTER DANCE
January 26
- SAFE SITTER BABYSITTING
February 2
- POLAR PLUNGE SWIM MEET
February 9
- WINTER SESSION 2 BEGINS
February 11
- SCHOOLS OUT FUN DAY

Any scheduled off day or snow day
Call 774-4076 for more information

TAKE THE LOYALTY PLEDGE

For those who have not been in the YMCA during the past few weeks, construction is underway!

The first phase of the Capital Project has crews creating the Systems Control Little Sparks Child Care Center, new bathrooms and a lobby near the Welcome Desk. Toward the spring, the work will begin on the pool, locker rooms and fitness center.

These are exciting times for our YMCA, and we hope you share our enthusiasm for the future, despite the temporary inconveniences of ongoing construction.

We also hope you stay with us and keep your membership active during this period, as we need your support more than ever to help us reach the finish line of our Capital project.

Current full-pay members have been locked in at 2018 memberships rates until 2021, so long as their membership stays active. But we've also created some additional incentives to reward the loyalty of our members.

During the month of January, we encourage all members to take our Loyalty Pledge. You can sign our Loyalty Wall, register for a free t-shirt that will signify your loyalty during our construction. You'll also be eligible for prize giveaways throughout 2019!

So take the Loyalty Pledge this month, stay active throughout our construction, and be ready to celebrate our new YMCA later in 2019!



A TEMPORARY WALL HAS BEEN CONSTRUCTED AT THE YMCA AS CREWS WORK TO CREATE THE SYSTEMS CONTROL LITTLE SPARKS CHILD CARE CENTER, NEW PUBLIC RESTROOMS AND A LOBBY/COMMONS AREA NEAR THE WELCOME DESK.

KEY PROJECT DATES

CONSTRUCTION IS BEGINNING! BELOW IS A ROUGH TIMELINE OF WHAT TO EXPECT:

CURRENT: Construction on east end of building and Welcome Desk area. Target completion: April 9, 2019.

APRIL 22, 2019: Pool/locker room construction begins. Target completion locker room: Sept. 4, 2019; pool: Nov. 6, 2019.

MAY 15, 2019: Fitness Center construction begins. Target completion: Sept. 4, 2019.

NOVEMBER 14, 2019: All construction complete!



**Our 2018 and Beyond
Corporate Lease Partners**

SYSTEMS CONTROL CHILD CARE FAQs

The YMCA last month announced an exciting partnership with Systems Control to bring full-time child care to the YMCA. Below are some frequently asked questions we've received since the announcement. You can also call the YMCA at 774-4076 for more information.

WHEN WILL IT OPEN: Tentatively, the child care center will open in April. It will consist of three rooms (including an infant room) and have a capacity of nearly 50 children, with room to grow if needed.

IS THERE A WAITING LIST: The YMCA plans to open a waiting list to the general public in February or early March. As part of the partnership with Systems Control, those employees will be offered early enrollment ahead of the general public.

CAN I WORK AT THE CHILD CARE CENTER: Yes, the YMCA is accepting applications for all positions from Director, to lead teachers on down to caregivers and volunteers. Pick up an application at the Welcome Desk.

HOW MUCH DOES IT COST: Rates will be announced in the coming months. The YMCA will offer weekly rates, and enrollment will include swim lessons and a YMCA youth membership. Family membership can be added at a discount.



FITNESS

NEW YEAR, NEW YOU

New fitness sessions begin Monday, January 7. Now is a perfect time to sign up for fitness class to help you attain your New Year's wellness goals. The YMCA offers classes for all fitness levels and abilities, including Intro to Fitness which is designed for anyone just starting their fitness journey. The class teaches proper exercise form while helping you to gain strength and build confidence. It includes functional exercise for everyday life. The class is held Wednesdays from 10-10:45 am. For more info or help choosing the right class, visit our Welcome Desk.

YOUTH/FAMILY

FATHER-DAUGHTER DANCE JAN. 26

Create lasting memories with your special girl. Plan to attend the Father /Daughter Sweetheart Dance! Daughters! Ask your dad, grandpa, uncle, brother, or family friend and enjoy dinner, dancing, and fun. There will be a live DJ and photo booth! Preregistration required. Limited amount of tickets available.

AGES: 3 & up **COST:** \$45 Member Couple; \$55 General Public Couple; \$25 each additional daughter
WHEN: Saturday, January 26
TIME: 5-7:30 PM

AQUATICS

FINAL POOL SESSIONS

January marks the beginning of the end for the nearly 50-year old YMCA pool! Our winter/spring sessions will be the last chance to use the pool before it closes for reconstruction at the end of April. Check out the newest brochure for all the classes and lessons offered. We have something for all abilities and ages. So get out of the cold and jump in the pool this winter. We keep the temperature right around 85 degrees. And don't forget, the Y also has a dry sauna, which is perfect for those extra chilly days!

YMCA DASHBOARD DATA

December
Member
Check-ins:
6,503

2018
Jan.-Nov.
Financial Asst.
Given:
\$38,695

Total
Active
Members:
2,620

THANK YOU!



Thank you to our members for another exceptional year at the YMCA in 2018. The YMCA enjoyed record enrollment in Summer Day Camp. We taught 250 third graders how to swim. Nearly 400 donated to our Annual and Capital Campaigns as well as the Corks & Forks event. The Y recorded around 100,000 visits in 2018!