



THE Y CONNECTION

NORTHERN LIGHTS YMCA - DICKINSON PROGRAM CENTER - MAY 2019

ON DECK...

- CHILD CARE CENTER OPENS
This month!
- CLOSED FOR MEMORIAL DAY
May 27
- INTERIM SESSION
May 28-June 9
- SUMMER HOURS BEGIN
June 1
- SUMMER SESSION 1 STARTS
June 10
- SUMMER DAY CAMP BEGINS
June 10
- U.P. NORTHWOODS TRIATHLON
June 29

SUMMER DAY CAMP JUNE 10 REGISTRATION NOW OPEN

Believe it or not, summer will soon be here, and what are you going to do to keep your kids busy and out of trouble? Northern Lights YMCA has the answer. Our popular Summer Day Camp begins the week June 10!

The Northern Lights YMCA is proud to offer the area's finest Day Camp experience. Our campers experience a great summer filled with fun learning activities, friends and value based guidance. Weekly activities include arts & crafts, songs & skits, nature walks, sports, games, outdoor activities and field trips. Summer Day Camp is designed to offer a healthy and active alternative for your summer child care needs. Campers will receive FREE lunch and afternoon snack through Breitung Township's free summer lunch program MEET UP & EAT UP.

Camp runs 9 am to 4 pm each day, with before and after care available at an extra cost. Before care starts at 6:30 a.m., and after care lasts until 6:15 p.m. "Our camp enrollment grows each year, and its because parents and children have come to realize how much fun we have here," Youth Coordinator Courtney Amble said. "We've got another awesome summer planned for the kids." Camp runs weekly through August 23. There will be no camp the week of Fourth of July.

SUMMER DAY CAMP INFORMATION

AGES: 5-12 years **DAYS:** Monday-Friday (No camp week of July 4)
TIME: 9 AM - 4 PM **COST:** \$110 Members; \$139 General Public (per week)

Rate is weekly. A 20 percent discount is applied for additional children. Before and after care available at additional cost of \$2.50 for each or \$5 per day. Before care starts at 6:30 a.m and after care runs until 6:15 pm. Sign up for your favorite weeks or sign up for them all. Just remember to sign up in advance! Financial Assistance is available.

ADDITIONAL SUMMER OPTIONS

ADVENTURE CAMP Check out this new exciting three-day adventure camp. We will be exploring the outdoors, teambuilding, volunteering, hiking trails, group games, creative crafts, STEM activities, guest speakers and much more! Each week a new different adventure will take place! From exploring new sports such as gymnastics and disc golf, to learning new art and crafts, and building and constructing Lego creations.

AGES: 5-12 years **DAYS:** Tuesday-Thursday **TIME:** 9 AM - 4 PM
COST: \$90 Members; \$110 General Public

COUNSELOR IN TRAINING PROGRAM (CIT) We believe in building leaders and responsible counselors. Our progressive program provides leadership training, team building and skill development. We have multiple workshops highlighting finance/budgeting, high school prep, college readiness, interviewing, life skills and more! CIT's are assigned to a senior counselors to shadow each week and prepare, organize and assist with camp activities. Our CIT's grow and develop a shared passion for kids and camp!

AGES: 13-15 years **DAYS:** Monday-Friday **TIME:** 8:30 AM - 4:30 PM
COST: \$90 Members; \$110 General Public

STEWART
MANUFACTURING, LLC

CCI
systems®

**Our 2019 and Beyond
Corporate Lease Partners**

SUMMER FITNESS SPECIAL: BOGO!

We sure do appreciate the patience of YMCA users during our construction. And to demonstrate that appreciation, we've decided to run a summer special in the fitness department! When you sign up for a Summer Session 1 fitness class, we'll enroll you in the same Summer Session 2 class FOR FREE! That's right, you get two classes for the price of one. We'll be releasing our summer brochure soon, so you can see all that the Y will be offering. So whether its spin, AM Warrior, or something else, the Y has a class for you. This special applies to members and non-members. So take advantage! And, there's no limit ... so go ahead, register for an extra class, and get the second session of that class FREE too.

CHILD CARE ENROLLMENT OPEN!

The Systems Control Little Sparks Child Care Center is opening this month. The center is still accepting full-time enrollment.



The fully-licensed center features a flat weekly rate and operates from 6 a.m. to 6 p.m. Weekly rate includes all snacks and meals, full youth YMCA membership and other free YMCA exclusive enrichment activities such as swim lessons. There is also an option for families of enrolled children to receive a discounted YMCA family membership. Call 239-3717.

FITNESS

TRIATHLON JUNE 29; VOLUNTEERS NEEDED!

If you are interested in volunteering for the 2019 Northwoods Triathlon, please contact NLYMCA Dickinson Center Fitness Director Wanda Hart at 774-4076. Volunteers are needed for setup and cleanup, at registration and water stations, for traffic direction, in the transition area, and for the youth event. A volunteer pizza party and orientation is scheduled for Thursday, June 27 at Lake Antoine County Park at 6 pm.

YOUTH/FAMILY

FAMILY FUN PARTY SET FOR JUNE 8

Want a fun kickoff to summer? Join us for a Family Fun Party on Saturday, June 8, here at the YMCA. Activities will include limbo contest, yard games, musical beach towels, hula hoop contest, prize giveaways, face painting and so much more.

WHEN: Saturday, June 8
TIME: 1-3 pm
COST: \$10 Member Family; \$20 General Public Family
WHERE: Northern Lights YMCA

AQUATICS

PROGRAMS CONTINUE

The pool may be down for reconstruction, but our aquatics programming is continuing! Whether you're into water aerobics, swim lessons or open swim, the Y has partnered with hotels throughout the area. If you're traveling, don't forget that your Y membership is good at any Y in the country. Dickinson Y members can also swim at the George Young Complex in Iron River free of charge. Please call 774-4076 for more information on all the aquatics offerings.

YMCA DASHBOARD DATA

April Member Check-ins: 5,684

2019 Jan.-March Financial Asst. Given: \$11,076

Total Active Members: 2,645



Thank you to ACA Jumps, Kingsford Middle School, Super One Foods, Kiwanis Club of Iron Mountain/Kingsford, Black Dragon TaeKwon-Do, Dickinson County Bike Path, Great Start to Quality, Dickinson Iron District HD Programs, Michigan/Wisconsin DNR, Iron Mountain/Kingsford Lions Club, Dickinson County Library, Lifefit Brain Fit, Great Start, DCHS Pediatric Sepsis, Big Brothers Big Sisters, Girl Scouts, Bishop Baraga, MSU Extension and DIISD-Headstart for their support at One Big Healthy Day for Kids. Also thank you to the volunteers and everyone else who helped make the day another huge success!