

Northern Lights YMCA–Dickinson Center Pool Schedule

June 20, 2021 to August 14, 2021

Lap swim times may include swimmers, water walkers, or joggers.

(#)-indicates lane spaces available for each activity, this does not indicate the number of lane lines being used.

Please see the lifeguard on duty for additional pool rules and procedures, including how to circle swim.

The Y reserves the right to alter the schedule without prior notice. Please check with the lifeguard for any changes.

MONDAY	
5:00am-6:00am	Lap (6)
6:00am-7:00am	Lap (3), Open (3)
7:00am-8:15am	NLY Swim Team (6)
8:15am-8:55am	Lap (3), Open (3)
8:55am-10:00am	Water Aerobics (6)
10:00am-12:30pm	Lap (3), Open (3)
12:30pm-1:45pm	Lap (3), Day Camp (3)
1:45pm-5:00pm	Lap (3), Open (3)
5:00pm-7:10pm	Lap (3), Swim Lessons (3)
7:10pm-8:45pm	Lap (3), Open (3)
TUESDAY	
5:00am-6:00am	Lap (6)
6:00am-8:25am	Lap (3), Open (3)
8:25am-9:30am	Water Aerobics (6)
9:30am-12:30pm	Lap (3), Open (3)
12:30pm-1:55pm	Lap (3), Day Camp (3)
1:55pm-2:45pm	Lap/Open (2), Water In Motion (4)
2:45pm-3:00pm	Lap (3), Open (3)
3:00pm-4:15pm	Lap/Open (3), NLY Swim Team (3)
4:15pm-6:00pm	Lap (3), Open (3)
6:00pm-7:45pm	Lap (2), Swim Lessons (4)
7:45pm-8:45pm	Lap (3), Open (3)
WEDNESDAY	
5:00am-6:00am	Lap (6)
6:00am-7:00am	Lap (3), Open (3)
7:00am-8:15am	NLY Swim Team (6)
8:15am-8:55am	Lap (3), Open (3)
8:55am-10:00am	Water Aerobics (6)
10:00am-11:00am	Daycare Lessons (3) , Lap/Open (3)
11:00pm-12:30pm	Lap (3), Open (3)
12:30pm-1:45pm	Lap (3), Day Camp (3)
1:45pm-5:00pm	Lap (3), Open (3)
5:00pm-7:10pm	Lap (3), Swim Lessons (3)
7:10pm-8:45pm	Lap (3), Open (3)

THURSDAY	
5:00am-6:00am	Lap (6)
6:00am-8:25am	Lap (3), Open (3)
8:25am-9:30am	Water Aerobics (6)
9:30am-12:30pm	Lap (3), Open (3)
12:30pm-1:55pm	Lap (3), Day Camp (3)
1:55pm-2:45pm	Lap/Open (2), Water In Motion (4)
2:45pm-3:00pm	Lap (3), Open (3)
3:00pm-4:15pm	Lap/Open (3), NLY Swim Team (3)
4:15pm-8:00pm	Lap (3), Open (3)
8:00pm-8:45pm	Lap (3), Open (3)
FRIDAY	
5:00am-6:00am	Lap (6)
6:00am-7:00am	Lap (3), Open (3)
7:00am-8:15am	NLY Swim Team (6)
8:15am-8:55am	Lap (3), Open (3)
8:55am-10:00am	Water Aerobics (6)
10:00am-1:30pm	Lap (3), Open (3)
1:30pm-3:00pm	Lap (3), Day Camp (3)
3:00pm-8:45pm	Lap (3), Open (3)
SATURDAY	
7:00am-8:00am	Lap (6)
8:00am-10:15am	Lap (2), Swim Lessons (4)
10:15am-4:45pm	Lap (3), Open (3)

The Northern Lights YMCA is Hiring!

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We are looking for motivated individuals in our aquatics department.

Lifeguards: for morning and weekday shifts:
5am-4pm, shifts range from 3-8 hours long.

Benefits Include: flexible schedule, free membership, shift premiums, & positive work environment.

Will train the right candidate.