



THE Y CONNECTION

NORTHERN LIGHTS YMCA - DICKINSON PROGRAM CENTER - OCT. 2020

ON DECK...

- THEME NIGHT (Tutus & Capes) Oct. 9
- YOUTH SOCCER CLINIC Oct. 9-11
- FALL SESSION 2 BEGINS Oct. 12
- PARENT'S NIGHT OUT Oct. 17
- MONSTER DASH Oct. 24
- HOLIDAY HOP (HALLOWEEN) Oct. 30
- SAFE SITTER Nov. 9

IN NEED OF CHILD CARE?
Call 239-3717 to register

\$5K YOUR WAY!

YOU COULD WIN A \$5,000 GIFT CERTIFICATE

With COVID-19 forcing the YMCA to cancel its annual Corks & Forks event at Pine Grove, a new event called "\$5K Your Way" is launching this month.

Help support the YMCA Annual Campaign by participating in the "5K Your Way" raffle! One grand prize winner will receive a \$5,000 gift certificate of their choice from one of our three main

sponsors: Iron Mountain Powersports, Erickson Jewelers or 41 Lumber.

Get that outdoor toy you've been dreaming about, purchase a remarkable piece of jewelry for that special someone in your life or get cracking on that home improvement project! We'll also be drawing additional winners for other donated gifts as well as YMCA membership and merchandise!

Stay tuned to our Facebook event page for details and updates. The drawing will be held Nov. 25. You do not need to present to win. Call the front desk at 774-4076 for more information.



DRAWING:
WEDNESDAY NOV. 25



WIN \$5,000 TOWARD ANY PURCHASE AT ONE OF THESE FINE BUSINESSES:



[CLICK TO BUY TICKETS](#)

GROUP & WATER EXERCISE
CLASSES NOW FREE
FOR YMCA MEMBERS!!



Scan the QR code for full schedule



SYSTEMS



CONTROL



Our 2020 and Beyond
Corporate Lease Partners

FALL FUN AT LITTLE SPARKS CHILD CARE CENTER



Fall is here and our Infant/Toddlers recently celebrated by making applesauce. We learn through play and exploration! If you're looking for childcare, we currently have openings for ages 2.5-5 years old. Our qualified and experienced staff and teachers provide meals, a set full-time weekly rate, a stimulating curriculum, free swim lessons, a YMCA membership, and many more enrichment activities. For more information or to schedule a tour, please contact Heather at: 906-239-3717.



FITNESS

NEW CLASS FOR SESSION 2

Great news! We're adding a body sculpting class to the schedule beginning with Session 2. Body Sculpting is a combination of weights, full body, pilates and core moves focusing on proper form and sculpting a lean strong body. This class will meet every Wednesday from 10-10:45 am in the Skyloft. Register online or at the front desk. Like all fitness class, this class is FREE to YMCA members.

YOUTH/FAMILY

YOUTH SOCCER CLINIC

Join some members of the Iron Mountain High School soccer team. It's a great clinic to learn the fundamentals of soccer. Participants will learn about passing dribbling, and making shots on goal. You will be taught positions such as keeper, forward, and defender. Scrimmage will take place on Sunday. Y gift included with clinic!

WHEN: Oct. 9 (5-7pm)
Oct. 10 (12-2)
Oct. 11 (12-2)

COST: \$60 Mbrs; \$95 non-members

AQUATICS

IT'S NOT TOO LATE TO JOIN SWIM TEAM!

Learn the fundamental skills of competitive swimming, including proper stroke technique. We focus on team building and use competition as a tool to teach the values of discipline, self-improvement, and sportsmanship. Participants between the ages of 6-19, and swimming ability of the YMCA Stroke Introduction level or better are welcome. Contact coach Tanner Walsh (twalsh@nlymca.com) today!

YMCA DASHBOARD DATA

Sept.
Member
Check-ins:
4,427

2020
Financial
Assistance
Awarded:
\$19,610

Total
Active
Members:
2,491

THANK
YOU!



Thank you to our major partners for the \$5K Your Way promotion. We are grateful for the support of Iron Mountain Powersports, Erickson's Jewelers and 41 Lumber. The YMCA would also like to thank Bacco Construction, Binks Beverages and CJ Graphics for their support.